

## CHOOSING YOUR CONFIRMATION SPONSOR

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From the time you were welcomed into this community of believers we call Church at your Baptism, you have been surrounded by people to support you and help you grow in your love of God.

At your Baptism, your Godparents represented the community of faith in welcoming you to the family of the Church. They and your parents accepted a responsibility at your Baptism to help you grow as a Catholic.

Our church wants us to journey with others in the community. A part of this community is our families; in fact we call the family the domestic church. This is where we first learn about God.

In order to be blessed during your preparation for Confirmation by the example of people who live lives of Christian witness and discipleship, the Church asks that you choose a sponsor for Confirmation, someone other than your mom or dad. This special person represents the faith community at the *Rite of Confirmation*. This person symbolizes the support of the entire Body of Christ for you in your life as a disciple.

The sponsor whom you choose joins your parents and family in journeying with you throughout the confirmation preparation period. He or she supports you and helps you grow in the life of faith. The sponsor is your challenger and your guide in discovering what it means to be a true witness of Christ.

### Who should you choose for a sponsor?

At baptism your Godparents were witnesses to your belonging to the Church; Baptism and confirmation are intimately connected. Consider choosing one of your godparents as a Confirmation sponsor. Talk with your parents about who can best support you during the Confirmation preparation as well as after – who will support you in living out your baptismal promises?

- ❖ Consider a person you know who is a role model, who truly lives the good News.
- ❖ Consider a person you can learn from by his or her example of Christian living, a person who is Catholic and has received the three sacraments of initiation.
- ❖ Who, for you, is a spiritual role model who will be willing to make the commitment to be with you at this time and beyond the celebration?