

Mondays for Mental Health Starting Oct. 8

According to the National Institute of Health, in a given year about one in four people have a diagnosable mental disorder, such as depression, bi-polar disease, and schizophrenia, among others. The Bishops of California recently wrote, "Christ calls us to attend to those who suffer from mental illness and provide hope and healing." Chancellor Dan Welter and other deacons of the Archdiocese of Chicago have developed a program in response to this need.

Learn more about mental health. What can we do to help family and friends who suffer with a mental illness? St. Mary of the Annunciation (SMOTA) and St. Mary of Vernon (SMOV) are partnering in a 5 part series of weekly informational meetings. All the meetings are from 7:00 – 8:30 PM.

The dates at St. Mary of Annunciation 22333 W. Erhart Road, Mundelein, IL 60060 are 10/8, 10/15 and 11/5. The meeting room is off the narthex in the new church. The new church is next to the large parking lot at the end of the driveway.

The dates at St. Mary of Vernon Parish Center 236 U.S. Highway 45, Indian Creek, IL 60061 are 10/22 and 10/29. Drive straight onto the parish grounds to the building at the far end of the driveway.

For more information, contact Deacon Al Sedivy (SMOTA) uscals1@yahoo.com or Deacon Jerry Nora (SMOV) geinora@aol.com.